

BLOK MANAGEMENT GMBH

Nutraceuticals Market MARKET OVERVIEW AND M&A ACTIVITY

July 2025



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Specialized team for the FMCG sector

BLOK Management follows a clear sector focus to bring the best possible advisory services to the respective clients

- BLOK's FMCG sector team has been active in FMCG markets for years supporting its clients in M&A sellside. M&A buy-side, funding as well as other corporate finance services
- We have excellent relationships with key players in the industry
- Our independency give us the opportunity to advise our clients without conflicts of interest
- Our global reach as well as our personal advisory on partner level deliver high-quality results for all stakeholders involved



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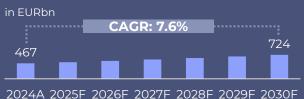
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Executive summary

- Growing health awareness and rising focus on preventive self-care
- Rising e-commerce and direct-toconsumer models improve accessibility and convenience
- product innovation Ongoing strategic partnerships by key players
- Low threat of substitution due to the unique positioning of nutraceuticals between food and pharma, supporting long-term category resilience
- Despite global key players, the market remains fragmented across regions and categories, offering room for niche and innovation-driven entrants

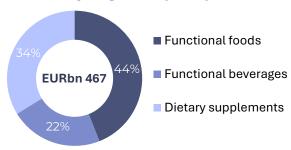
Global nutraceuticals market



What are nutraceuticals?

Nutraceuticals refer to products derived from food sources that provide additional health benefits beyond basic nutrition. They aim to support health, prevent disease, and promote wellness without being classified as pharmaceuticals. Use cases include immune support, cognitive enhancement, sports recovery, weight management and anti-aging

Global nutraceuticals market by segment (2024)



Market overview

The global nutraceuticals market is expected to grow at a CAGR of 7.6% between 2024A and 2030F, from a market value of FURbn 467 to FURbn 724. The German nutraceuticals market accounts for 5.0% of the global market value and is expected to grow with a CAGR of 7.2% between 2024A and 2030F, from a market value of FURbn 22 to FURbn 33

Valuation snapshot

Median FV/Sales

Median EV/EBITDA

1.8x 13.1x

Key market applications



General wellness & immune health, driven by preventive care awareness



Sports nutrition, fueled by active lifestyle and performance focus



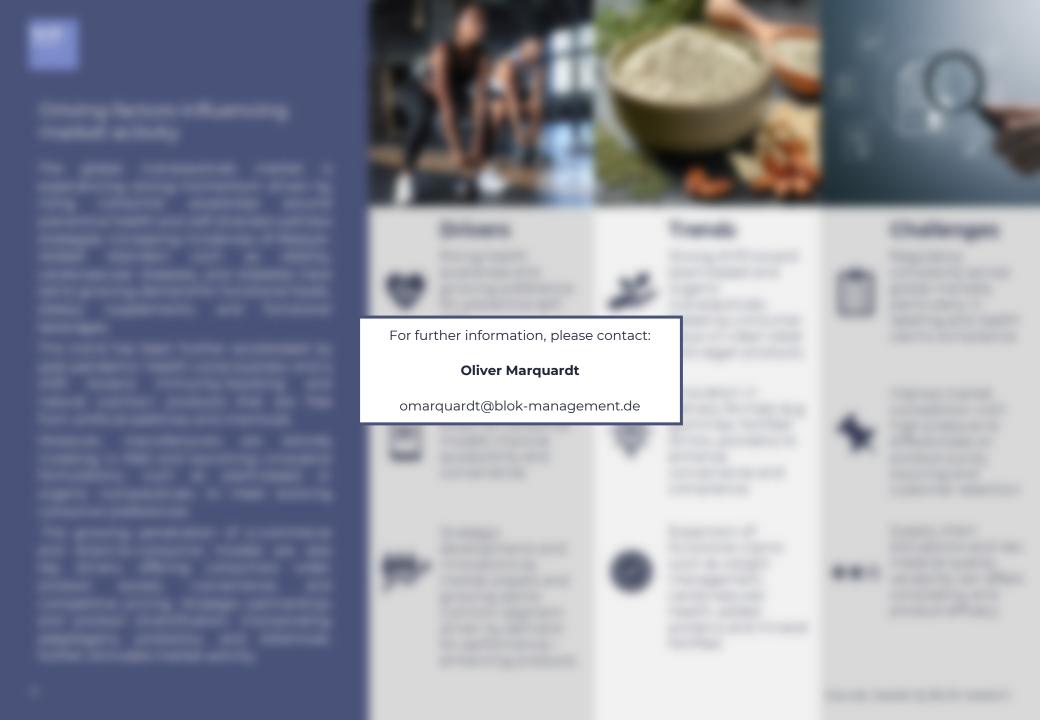
Plant-based & vegan, aligning with clean-label and sustainability trends

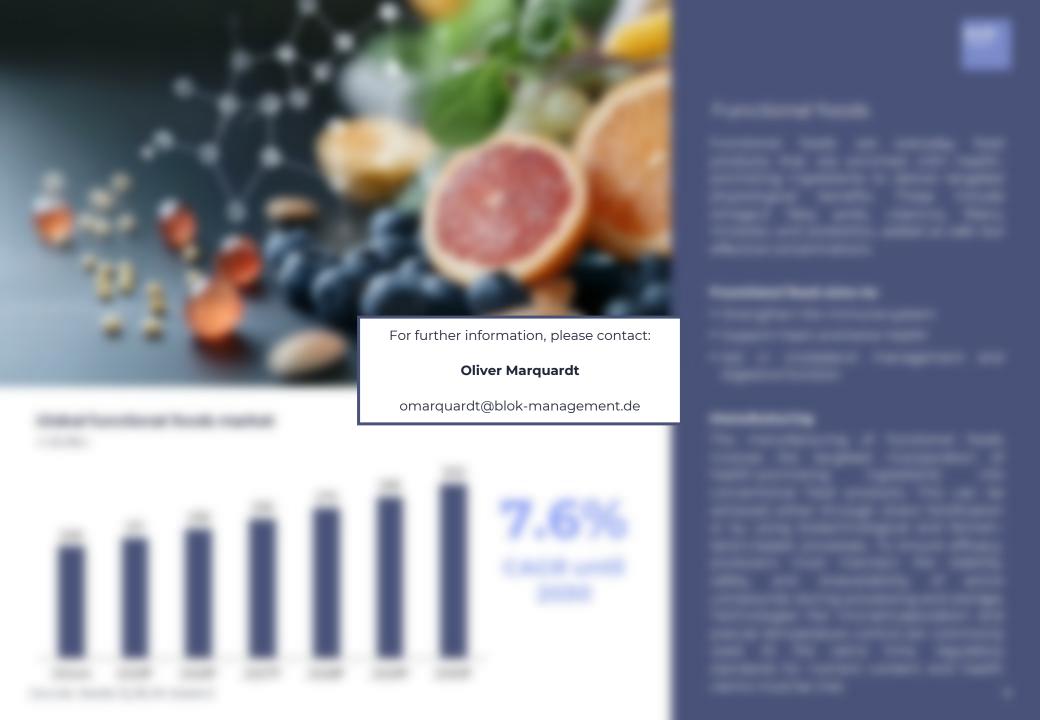


Pet nutrition, as functional ingredients expand into animal health

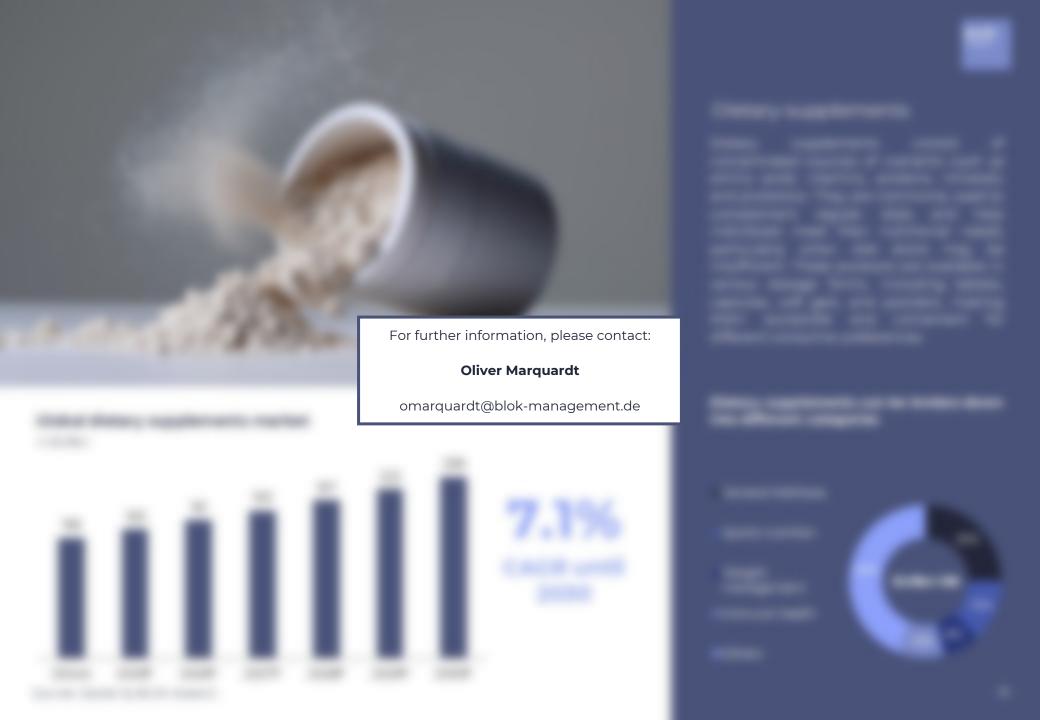


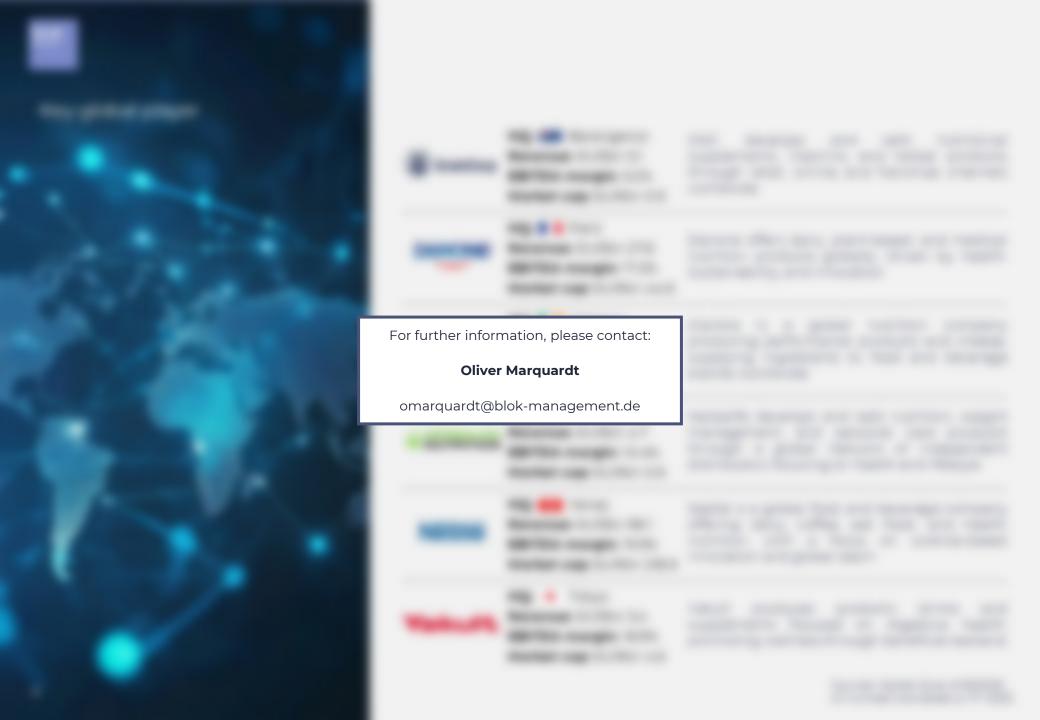
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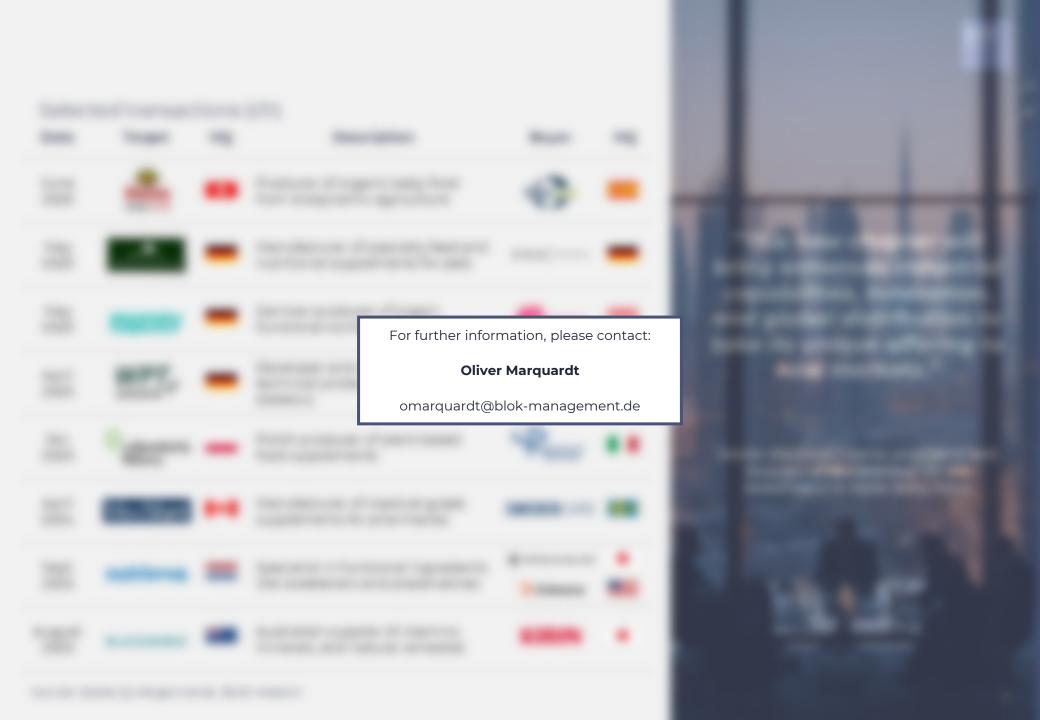


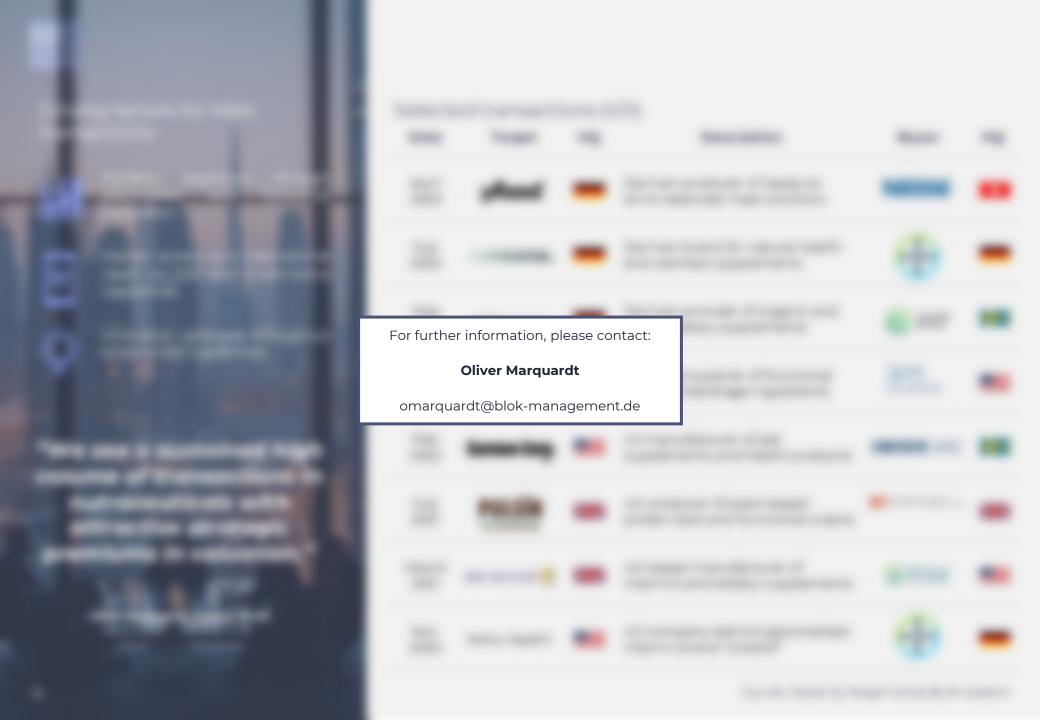




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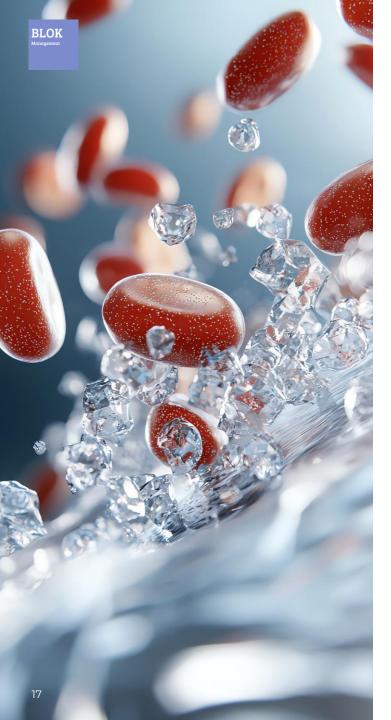




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Conclusion

Market trends



Strong shift toward plant-based and organic nutraceuticals

Consumer behavior supporting overall market trend

Expansion of functional claims such as weight management, added proteins, etc

Strategic buyers predominant as buyers with a stable share of more than 60%

Key rationales are market expansion as well as know-how transfer

Nutraceuticals markets feature high EV/EBITDA multiples exceeding 12x

M&A / valuation



Outlook



Sustained growth potential driven by strategic developments and innovations

Cross-border transactions are expected to accelerate after slight decrease in 5M 2025

Functional beverages can be identified as area with highest growth rates

Selected FMCG publications by BLOK



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Bread Market

MARKET OVERVIEW AND M&A ACTIVITY
To come in 2023



Textured Vegetable Protein Market
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To some in 2023



Cosmetic Polymer Ingredients Market
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To come in 2023







Ice Cream Market
MARKET OVERVIEW AND M&A ACTIVITY
To come in 2023



Starch Market
MARKET OVERVIEW AND M&A ACTIVITY
To come in 2025



BLOK Management at a glance



>1001) Closed

deals



70% Sell-side



>EURbn 5 Total deal value



50% Cross-Border



~ EURm 65 Average deal value



45% Private Equity Involvement

Sector focus





















Our services

M&A sell-side advisory

- Exit readiness
- Corporate carve-out/spin-off
- Private equity sell-side
- Corporate succession

M&A buy-side advisory

- Add-on acquisitions
- Private equity buy-side

Corporate finance advisory

- Sell-side lender education
- Acquisition financing / LBO
- Refinancing
- Real estate financing
- Working capital financing
- Growth financing (CAPEX / Add-ons)
- Valuations
- Venture Capital

Private Equity advisory

BLOK Management – your local partner, at home globally



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